

# Ultimate bored jar, summer activity list (over 150 activities)



Read a book	Bake a cake	Go on your DS
Research the Romans	Bake biscuits	Make a pizza
Tidy your room	Pick a flower	Go swimming
Call for a friend	Do the washing up	Make music
Visit the library	Make rocky road	Play hopscotch
Make an obstacle course	Groom the dog	Colour in a book
Clean your bedroom	Learn how to skip	Help pair socks
Draw round your brother	Write 5 things you love about your family	Play with Lego
Do a jigsaw	Paint rocks	Scoot round the block
Make fingerprint animals	Feed the ducks	Put up the play tent

Play with the toy cars	No electronics for the rest of the Day	Make cards
Have a bath	Write a story	Draw a map of our house
Find out how many bones are in the human body	Have a shower	Draw a robot and label all his parts
Pretend you are a knight	Sort the laundry	Make paper aeroplanes
Have a tea party with your friends	Empty the dishwasher	Jump up and down 20 times
Let's cook – cupcakes	Let's cook – you choose	Put on a DVD
Go out on your Bike	Get the paint out	Go to a park
Water the plants	Make homemade bubbles	Have an ice-cream
Make hot chocolate	Vacuum the stairs	Craft with Mum
Set the table	1 chore of Mums choice	Draw a comic
Play with Playmobil	30 minutes on the Wii	Make Jelly

Make a bird feeder	Build a den	Science time
Make a rain water collector	Climb a tree	Make wooden spoon people
Let's cook – muffins	Make'/fly a kite	Let's cook – Make popcorn
Board game	Roll down a hill	Go to the beach
Sort out your shoes	Borrow the camera	Find five toys to give away
Go for a walk	Sweep the ground floor	Do some stitching
30 mins with Mum	Wash the car	Football match upstairs
30 Minutes on the Xbox	Go to a Museum	Make a volcano
Plan dinner, write a menu, help cook & serve	Have a race	Wash the pots
Plant a bean in a jar	Make finger puppets	Find shapes, animals and objects in clouds
Write a poem	Watch a TV program	Pretend you are a cowboy
Make a family tree	Make a treasure map	Make a paper plate monster mask

Learn how to use the washing machine	Go to soft play	Pretend you are a pirate
Steam mop the bathrooms	Make a paper boat	Write to your penpal
Make a card	sweep the path	Vacuum a room in the house
tidy your room	play hide and seek	Steam mop the kitchen
run through the sprinkler	go on a litter pick	create a paving stone gallery
have an ice cream	find 8 different leaf shapes	make some paper flowers
sort out your bookshelves	photograph six different bugs	create a word search/crossword
make a fruit salad	decorate a plant pot	Play balloon tennis
make a stone balancing tower	Play with loom bands	Play cards
Hold a snail race	Decorate some stones	Make pompoms
Paint a rainbow	Play Minecraft	Do origami
Make a windsock	Tell some jokes	Play dominoes

Make some scratch paper	Make pinwheels	Make coke floats
Decorate a cardboard box	Make a comic	Write a journal
Write down 3 things you are grateful for	Make a paper boat	30 mins on your Ipod
Make wrapping paper	Do some potato printing	Make a sports drink
Make a musical instrument	Put the tent up in the garden	Play football
Play cricket	Play badminton	Play tennis
Learn a magic trick	Make pancakes	Have a dance party
Research the Vikings	Colour in some fabric	Go Geocaching
Make mum a cup of tea	Write a postcard	Plan a Minecraft world on graph paper
Learn cross stitch	Write the shopping list	Pick a craft to do with Mum
Walk the dog	Skim stones	Play tic tac toe