



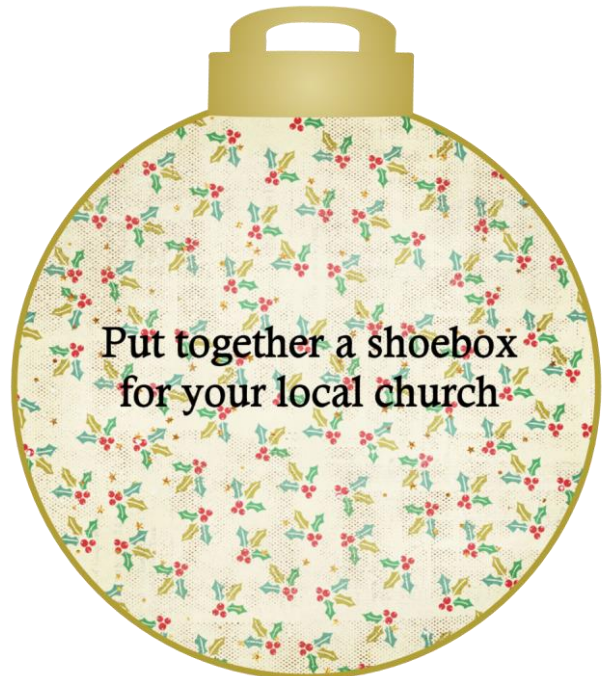
Help round the house
without being asked to



Donate this week's
pocket money to charity



Donate pet food
to a local shelter



Put together a shoebox
for your local church

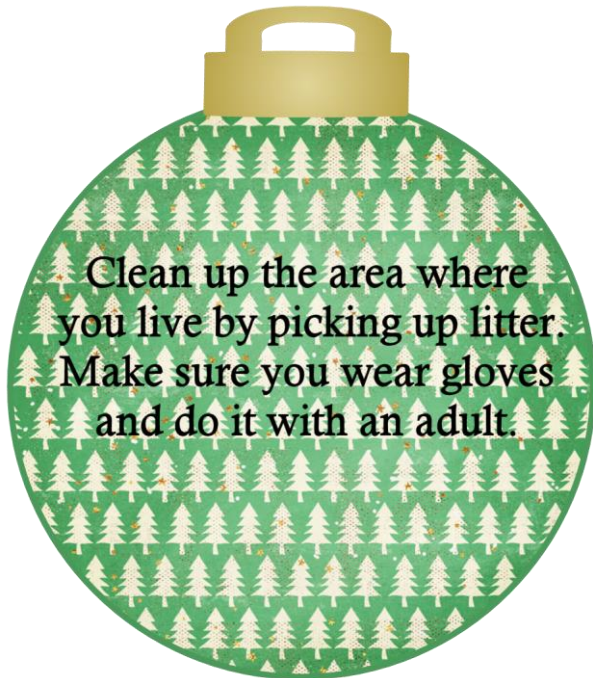


Write a thank you note
for the bin collectors
and post person



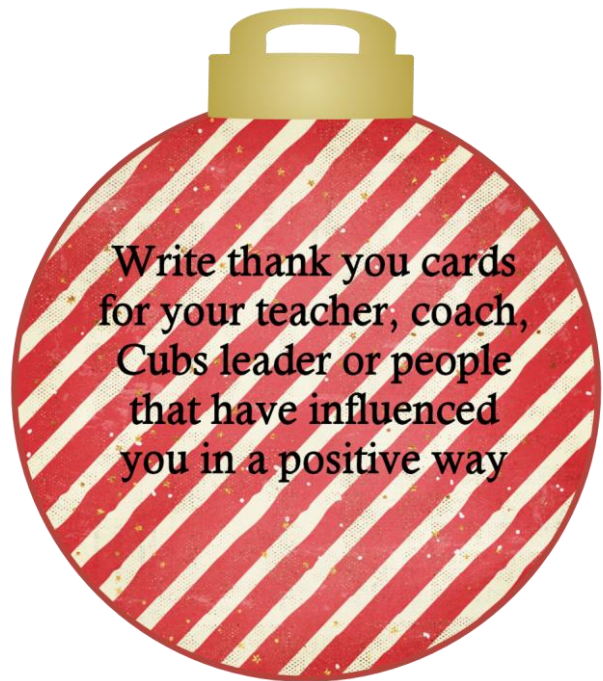
Wash your parents car



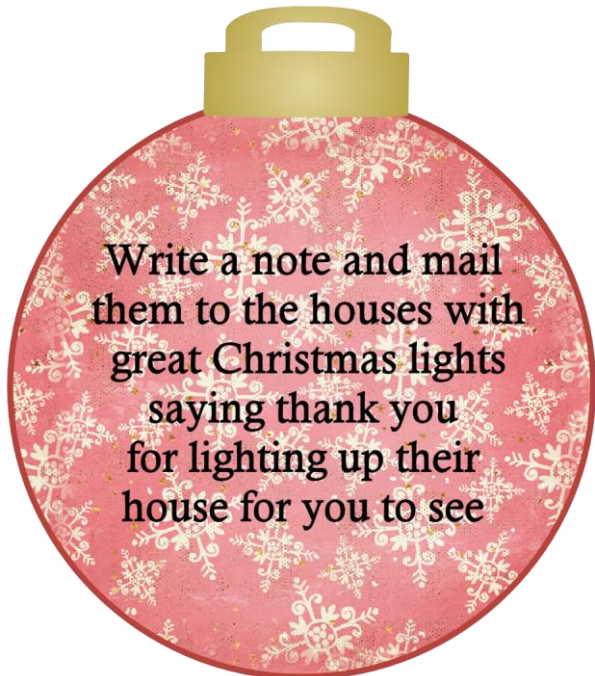




Hold the door open
for people all day



Write thank you cards
for your teacher, coach,
Cubs leader or people
that have influenced
you in a positive way



Write a note and mail
them to the houses with
great Christmas lights
saying thank you
for lighting up their
house for you to see



Ring an elderly relative and
have a nice chat with them



Introduce yourself to
someone new at school
and chat with them



Make a tree decoration
for your baby sitter