

Leave a beautiful
homemade bookmark
in your library book
and give one to
the Librarian



Leave the coin in the
shopping trolley next
time you go to the
supermarket

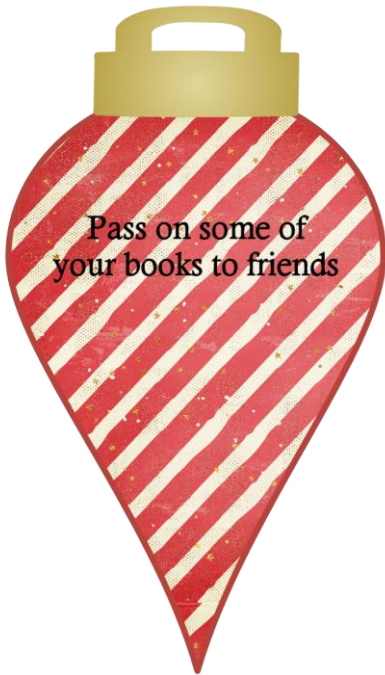


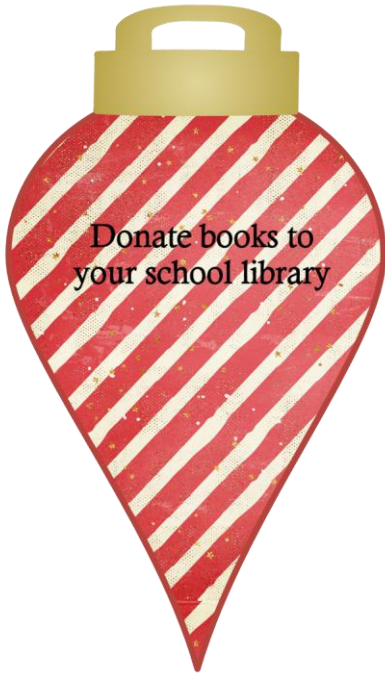
Deliver cookies to
your neighbours



Tidy your bedroom







Donate books to
your school library



Leave out water
for the birds



Smile all day



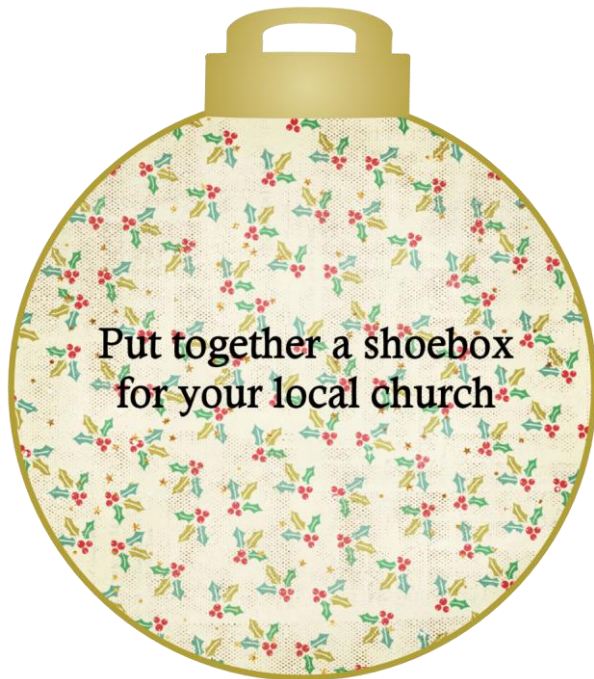
Walk someone else's dog



Help round the house
without being asked to



Donate pet food
to a local shelter



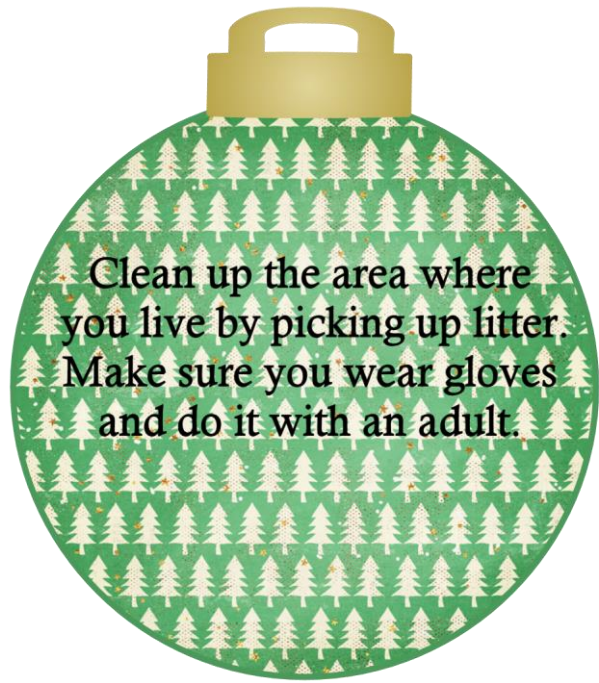
Put together a shoebox
for your local church

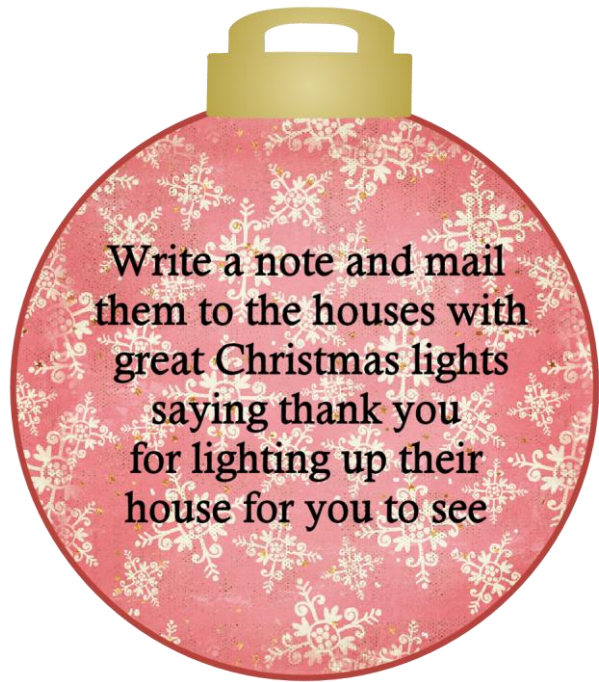


Write a thank you note
for the bin collectors
and post person











Ring an elderly relative and have a nice chat with them



Introduce yourself to someone new at school and chat with them



Make a tree decoration for your baby sitter



Donate this week's pocket money to charity